

*Quality training, delivered by experienced
Instructors in a manageable timescale*

**First 10 places
Only £1299**



**REP's
recognised**

CYQ Level 3 Certificate in Personal Training

at The Park Centre, Knowle, Bristol

**Call 0117 9039764
for details**

Become a qualified Personal trainer by signing up to this course at The Park Centre, Knowle beginning in September 2011.

Study areas include - Principles of **Nutrition**, **Anatomy & Physiology**, **Personal training programmes**

- **Free Gym usage** for duration of course
- **Experienced course Tutors**
- **Extra support study support** offered

at The Park

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